

**ALLAMA IQBAL OPEN UNIVERSITY, ISLAMABAD**  
**(Department of Distance Non-Formal & Continuing Education)**  
**Faculty of Education**

**WARNING**

1. **PLAGIARISM OR HIRING OF GHOST WRITER(S) FOR SOLVING THE ASSIGNMENT(S) WILL DEBAR THE STUDENT FROM AWARD OF DEGREE/CERTIFICATE, IF FOUND AT ANY STAGE.**
2. **SUBMITTING ASSIGNMENTS BORROWED OR STOLEN FROM OTHER(S) AS ONE'S OWN WILL BE PENALIZED AS DEFINED IN "AIOU PLAGIARISM POLICY".**

**Course: Educational Guidance and Counselling (843)**

**Level: MA/M.Ed**

**Semester: Autumn, 2012**

**Total Marks: 100**

**Pass Marks: 40**

**ALL QUESTIONS ARE COMPULSORY AND CARRY EQUAL MARKS**

**Note:**

1. Response to each question should not be less than 1200 words failing which marks will be deducted accordingly.
2. Please write in your own words after reading the study guides and the related material. Also avoid irrelevant information, reproduction from any text and render a critical analysis of the questions asked for.
3. Frequently visit www for latest development and sources. Give source while quoting any material. Use APA style. Also develop reference list for each question separately.
4. No marks will be given for reproduction from the text or from elsewhere.
5. Please write your assignment in legible handwriting.
6. Please submit the assignment on or before the specified date.
7. Late assignment will not be accepted in any case.

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**ASSIGNMENT No. 1**  
**(Units 1–4)**

- Q.1 Differentiate between guidance and counseling. Appreciate the need of counseling and guidance in Pakistan.
- Q.2 Trace the history of guidance movement. Discuss the role of philosophy in guidance and counseling.
- Q.3 Trace and discuss the common elements among the elementary and secondary school counseling.

- Q.4 Stress inoculation is one of the most effective techniques of cognitive behavioral techniques in counseling. Discuss how it can be used for handling stressful events in our schools.
- Q.5 Elaborate the phases of interview.

**ASSIGNMENT No. 2**  
**(Units 5–9)**

**Total Marks: 100**

**Pass Marks: 40**

- Q.1 Why counselor should be well versed in using psychological test? Support your answer with examples.
- Q.2 How can the effectiveness of counseling be evaluated? Distinguish between process assessment and outcome assessment.
- Q.3 Why is it important that a counselor should develop sensitivity to values?
- Q.4 Planning, organizing, staffing and directing is one of the set processes. Analyze this process.
- Q.5 “Social structure refers to arrangements of people in relation to one another and patterns of expectation attached to positions in social relationship”. Please discuss.